

WE ARE PLEASED TO WELCOME A
BEHAVIORAL HEALTH CONSULTANT (BHC)
TO OUR CLINIC TEAM!

Photo
of
BHC here

BHC's Name

BHC's Credentials

BHC's Schedule

Visits with BHC's Name:

- Are open to all patients at our clinic.
- Usually last between 20 and 30 minutes.
- May be available on the same day you see your provider.

BHC's Name offers help with:

- Difficult life problems
- Stress
- Family troubles
- Coping with medical problems
- Changing risky behaviors like tobacco or problematic alcohol use
- Ways to improve chronic disease
- Child behavior problems
- Healthy lifestyle behaviors (nutrition and movement)
- Learning and memory problems
- All types of mental health issues
- Sleep problems
- Couple/marital problems
- And more...

**SAME-DAY VISITS WITH
THE BHC ARE OFTEN
AVAILABLE!**

To see the BHC:

- Ask your provider or other team member.
- Ask the receptionist.
- Call the clinic.

Fig. 7.3 Poster Announcement of Start of BHC Services