

Practical Tips Provided When You Want Them

Our clinic now has Primary Care Behavioral Health (PCBH) services! Our new team member offers 30-minute visits, often on the same-day as your medical visit. The visits may help with a wide variety of problems, such as stress, coping with a medical condition, making healthy changes, family or relationship problems, anxiety and depression, drug or alcohol problems, parenting concerns, child development or behavior concerns, and many other concerns.

A “Behavioral Health Consultant” or “BHC” provides these PCBH services, and our BHC is: _____

If you’d like to meet your BHC, let your primary care provider know.

If you don’t want to see the BHC today, call the clinic on the day you want to be seen. You can often be given an appointment on the same day.

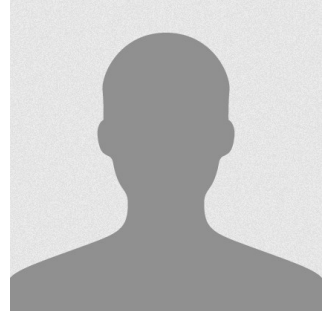


Fig. 7.5 Half-page Patient Facing Poster or Handout