

### BHC Note Sheet for Shadowing Team Members

BHC Name: \_\_\_\_\_ Team Member Shadowed \_\_\_\_\_ Date: \_\_\_\_\_ Start: \_\_\_\_\_ End: \_\_\_\_\_

Team Member Role	How Might a BHC Help this Team Member?	How Might this Team Member Help a BHC?	Comments / Observations

**Considerations:**

- For at least one patient, also shadow the MA to see what information they gather, screenings they do.
- In visits, focus just on observing. Avoid making comments in visits unless asked to do so.
- In each visit, look for at least one behavioral issue a BHC could help the patient and PCP/team with.
- Note the start/stop time – do the PCP’s visits always start on time? How long are they?
- What strategies does the PCP use to keep a problem-focus (e.g., closed-ended questions, agenda-setting)
- What does the PCP do that helps with efficiency? (e.g., prepping for the visit, using team members)

**Fig. 8.6** BHC Note Sheet for Shadowing Team Members