

BHC Request of the Week

Hello, team.

When patients receive a diagnosis such as diabetes, they usually feel a great deal of emotional distress. This distress may interfere with their start of various self-management behaviors that can help with diabetes.



This is your **BHC Request of the Week . . .**

When/if you diagnosis a person with diabetes this week, recommend a same-day visit with me. I can provide a brief visit if their time is limited or I can sit with them for a half hour and help them process the diagnosis and come up with a coping plan. Let them know I'm part of the team here and that I want to support them during this challenging moment.

Fig. 8.8 BHC Request of the Week