

Table 11.1 Leadership Skills for the Behavioral Health Consultant 2

BHC 2 Self-Assessment (1-10)	Leadership Quality	Example in the Work of a BHC 2
	1. Shift roles fluidly	In phase 1 training, a new BHC states they don't believe in the PCBH model and the BHC 2 explores this with curiosity, trying to experience what the new BHC is experiencing in the training.
	2. Adapt to the possibilities of the moment	A practice manager tells a BHC 2 providing Phase 2 training, "Look. We are overwhelmed here – short on doctors and short on space. The new BHC is just going to have to be happy with the place we offered (on a different floor from the clinic)." The BHC replies, "Thanks for helping me understand the situation here. I'll help the BHC make the best of the space they have – it really is a nice spot in some ways."
	3. Solve problems contextually	A new BHC complains to the BHC 2 during a Phase 2 training, "Thirty minutes isn't long enough. I'm always running out of time. I think I should just change my template to 45 minutes." The BHC 2 replies, "Thanks for sharing this with me. How about I just sit back and listen to a few visits, so that I can understand your situation. Maybe while I stay quiet and watch, you can focus your attention on trying to be helpful to the person you're seeing, and focus less on time. How does that sound?"