

**Table 14.2** Features of Typical PC and Typical SMH

Feature	Typical PC	Typical SMH
Relationship duration	Longitudinal (many years)	Limited to care episode
Opportunities for engaging patients	Multiple, continuous, varied	Time- and problem-limited
Types of problems treated	Holistic	Mental health problems only
Accessibility	Easy (often same-day)	Difficult
Provider type(s)	Multidisciplinary	Mental health only
Support staff	Robust	Minimal, if any
Awareness of total care plan	Comprehensive	Minimal, if any

PC Primary Care

SMH Specialty or secondary mental health