

**Table 3.2** Foundation Training Topics and Activities for all PC and PCBH Staff

Topics	Activities
<ul style="list-style-type: none"> <li>• What is, what was, and what can be better in PC?</li> <li>• The PCBH Model</li> <li>• PCBH Staff Members</li> <li>• Competencies for BHCs, CEs, PCPs, nursing staff</li> </ul>	<p>Individual reading (Chaps. 1 and 5 for BHCs, Chaps. 4 and 6 for CSWs, Chap. 6 for PCPs and other PC staff)</p> <p>Small group discussion for 15-30 minutes for every 2-3 hours of individual reading</p>
<ul style="list-style-type: none"> <li>• What is the mission of the PCBH approach to integrated care?</li> <li>• What evidence supports use of the PCBH approach?</li> <li>• How to use the GATHER to explain integrated behavioral health.</li> </ul>	<p>Didactics and skill practice in context of in-person or virtual training</p> <p>Skill practice – GATHER (Fig. 7.1 GATHER The Essentials of PCBH)</p>
<ul style="list-style-type: none"> <li>• What is population-based care and how is it different from case-based care?</li> <li>• How do BHC services differ from therapy services?</li> </ul>	<p>Didactics</p> <p>Small group discussion</p>
<ul style="list-style-type: none"> <li>• What are the goals and tasks of CEs, including the BHA and CSW?</li> </ul>	<p>Group skill practice</p>
<ul style="list-style-type: none"> <li>• What services do the PCBH team offer?</li> </ul>	<p>Didactics</p>
<ul style="list-style-type: none"> <li>• What are the top 10 PCBH Competencies for Leadership, PCPs, RNs, CEs?</li> </ul>	<p>Didactics</p> <p>Modelling, skill practice</p>
<ul style="list-style-type: none"> <li>• How do I tell patients about PCBH?</li> </ul>	<p>Modelling, skill practice</p>
<ul style="list-style-type: none"> <li>• What is a PCBH pathway?</li> </ul>	<p>Didactics</p>

	Discussion
<ul style="list-style-type: none"><li>• What are the responsibilities of the Clinic Implementation Team?</li></ul>	Didactics Discussion