

Table 4.4 Areas of Training of Interest for Many Community Support Workers

| CSW Training Interests | Can BHCs could provide training and support? |
|---|--|
| Self-care skills | Yes |
| Suicide prevention | Yes |
| Cultural sensitivity | Yes |
| Development of life purpose and meaning | Yes |
| Building safety plans | Yes |
| Learning to create safe spaces | Yes |
| Communication skills | Yes |
| Mental illness symptom identification | Yes |
| Problem solving techniques | Yes |
| Stress coping techniques | Yes |
| Overcoming mental health stigma | Yes |