

Table 7.1 Possible Referral Problems or Concerns

• Behavioral and emotional problems (depression/anxiety, substance abuse)
• Chronic disease self-management (diabetes, hypertension, hyperlipidemia)
• Life problems (relationship problems, job stress, school problems)
• Preventive care (routine well child visits, healthy lifestyle changes)
• Stress influenced somatic problems (chronic pain, insomnia, chronic fatigue)
• <u>Any</u> health issue being affected by emotions or behavior...