

Table 9.1 FACT Visit Flow

Activity	Approximate Time	Visit Type
1. Standard Introduction	1 minute	Initial 5-16 minutes Initial 17+ minutes
2. Standard outcome measure completed	3 minutes	Initial 17+ minutes Follow-up
3. Problem or concern clarified	1-2 minutes	All
4. Rating of problem/concern severity (1-10)	1 minute	All
5. Life Context	5-10 minutes	Initial 5-16 minutes* Initial 17+ minutes
6. Problem Context	5-10 minutes	Initial 5-16 minutes* Initial 17+ minutes Follow-up (if problem is same or not improving)
7. Clarification of values related to problem.	2-3 minutes	All
8. Formulation of new way to address problem	2-3 minutes	All
9. Behavioral experiment	2-3 minutes	All
10. Confidence rating	1 minute	All
11. Plan for follow-up	1 minute	All
12. Helpfulness of visit rating	1 minute	All
13. Interprofessional staffing	1 minute	All**

* BHC will focus on more on Life Context or Problem Context component in 5-16 minute or abbreviated visits (basing their choice on what would be the most engaging for patient or family).

** Staffing may occur in person or electronically.